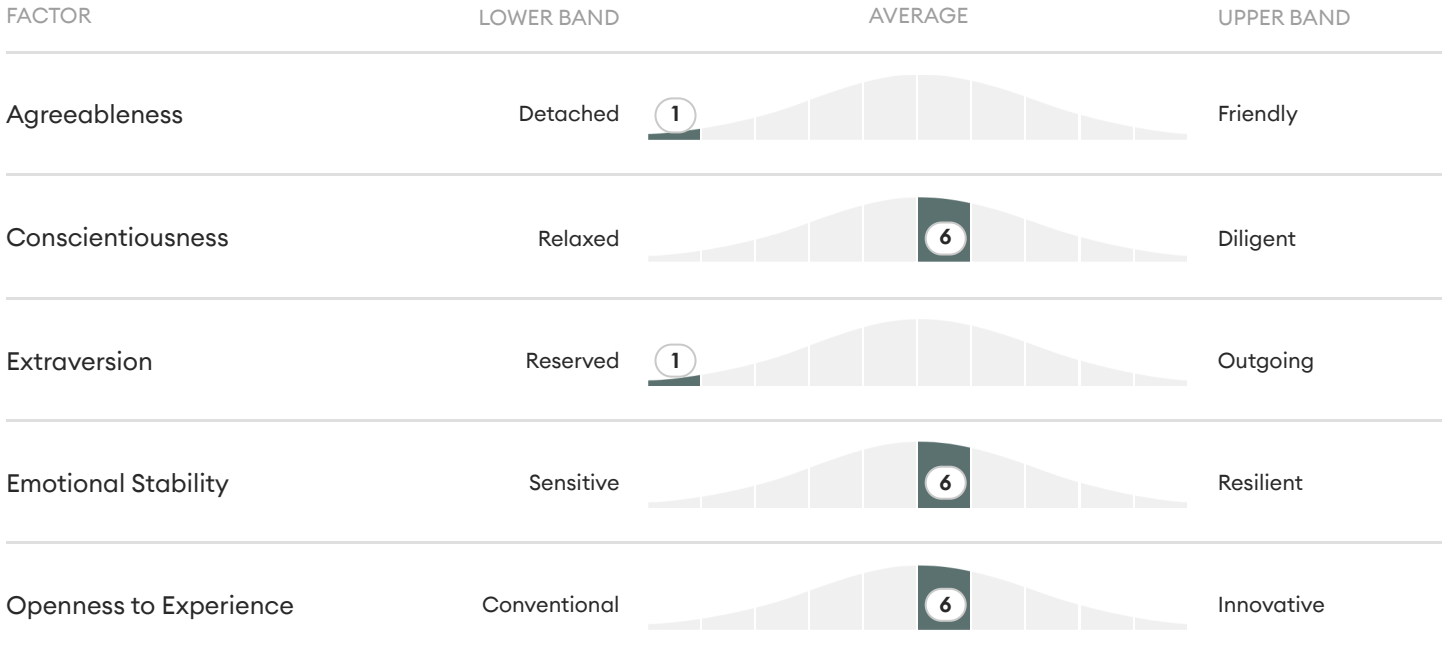


# Bengt-Erik Ingvaldsson



## Bengt-Erik Ingvaldsson - Personality profile

Alva's personality test is constructed and built on the so-called 'Five Factor Personality Theory', which is considered the most valid framework and model for quantifying personality.



### Possible strengths

- Skeptical and not easily taken advantage of
- Usually effective at pursuing their own goals
- Good at handling 'alone work' that requires thoughtfulness

### Possible challenges

- Often tends not to trust others and be wary in relationships
- Could at times come across as calculating or playing politics
- May at times become passive in response to group tasks

### Growth factors

#### Drivers

What are the key motivators for this person?

- Stability
- Structure
- Autonomy

#### Culture preferences

In what environment does this person thrive?

- Analytical
- Decisive
- Task-oriented

#### Potential roles

Roles this person is likely to thrive in

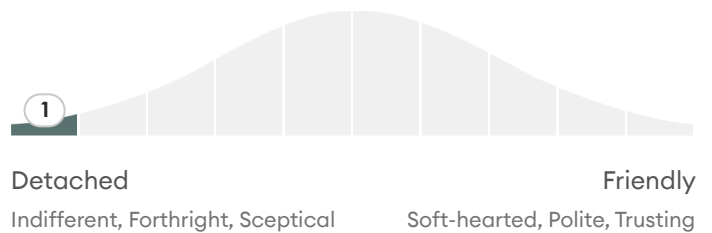
- Detail-focused roles
- Process-oriented roles
- Sales

## Agreeableness

### Very Detached

2nd percentile and below.

A very low score indicates that one has a very sceptical, straightforward style when interacting with others. People with very low scores are very vigilant to other people and their intentions, meaning that they are very rarely duped or deceived. They are likely to be very tough, persistent, and competitive, and they almost never back away from conflict or arguments.



Three aspects of agreeableness:

### Compassion: Very Indifferent

2nd percentile and below.

- Unconcerned about the wellbeing of others.
- Unaffected by others' negative experiences



### Politeness: Neither Forthright nor Polite

31st - 50th percentile.

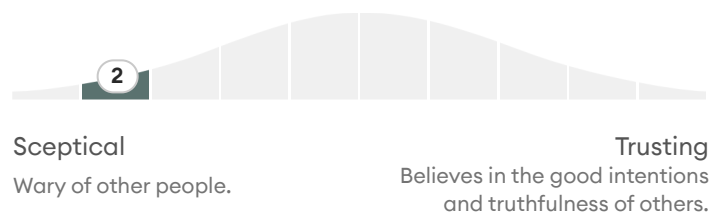
- Neither very direct nor very diplomatic
- May engage in arguments when needed



### Trust: Very Sceptical

2nd - 7th percentile.

- Very wary of other people
- Assumes others have a hidden agenda

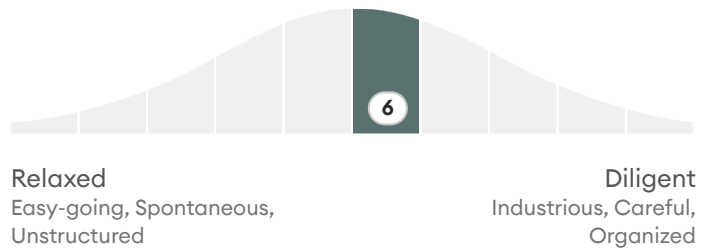


## Conscientiousness

### Neither Relaxed nor Diligent

50th - 69th percentile.

An average score indicates that one is about as focused on achievement and responsibility as most other people. People with average scores have a basic striving to reach goals and live up to expectations, but may in some situations also prioritize other things. They can usually get started with tasks fairly easily and maintain structure in their work, although it might require some effort.

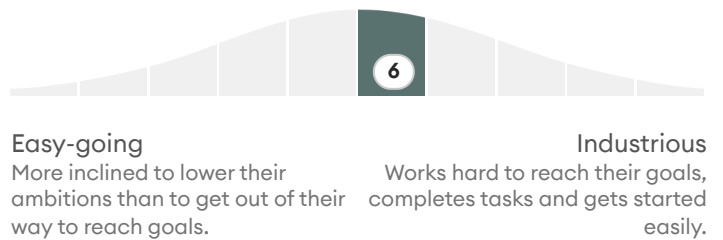


### Three aspects of conscientiousness:

#### Goal-striving: Neither Easy-going nor Industrious

50th - 69th percentile.

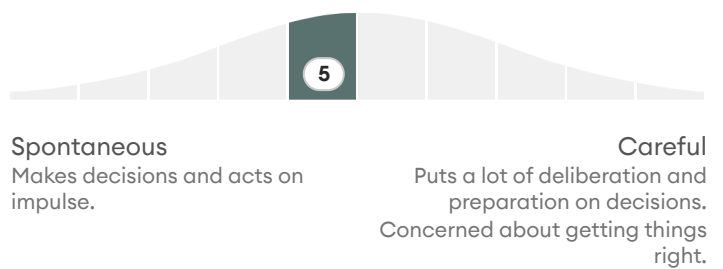
- About as goal-oriented as most other people
- Usually gets started with work tasks fairly easily



#### Carefulness: Neither Spontaneous nor Careful

31st - 50th percentile.

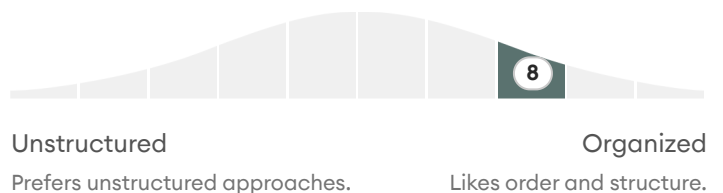
- Usually prepares for decisions but can also be spontaneous
- Wants to get things right but may at times overlook the 'fine print'



#### Orderliness: Organized

84th - 93rd percentile.

- Prefers order and structure
- Has an organized approach to work

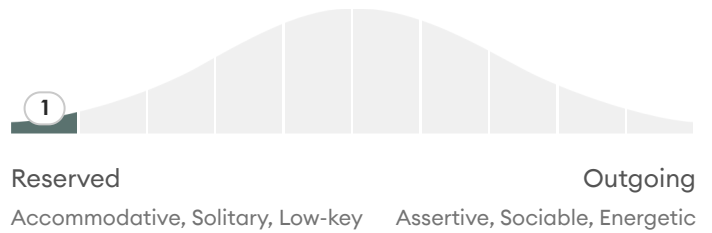


## Extraversion

### Very Reserved

2nd percentile and below.

A very low score indicates that one is markedly socially reserved and has a strong need for being alone. People with very low scores very seldom dominate the social space, but rather spend a lot of time reflecting quietly on their impressions. They are very unlikely to take the lead and prefer to let others to be in charge.

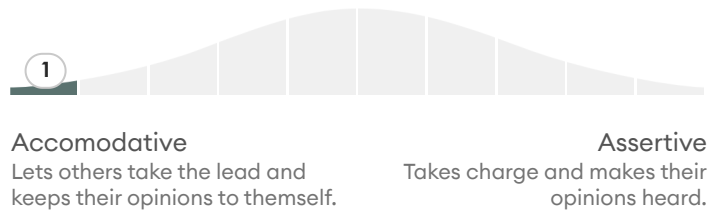


Three aspects of extraversion:

### Assertiveness: **Very Accomodative**

2nd percentile and below.

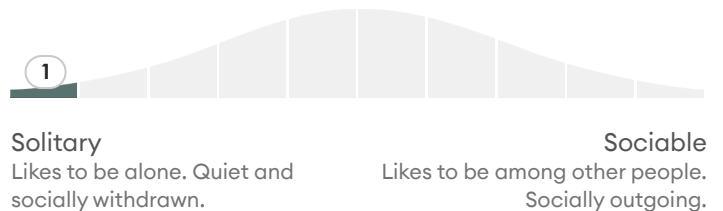
- Lets others take the lead
- Very seldom voices their opinion



### Sociability: **Very Solitary**

2nd percentile and below.

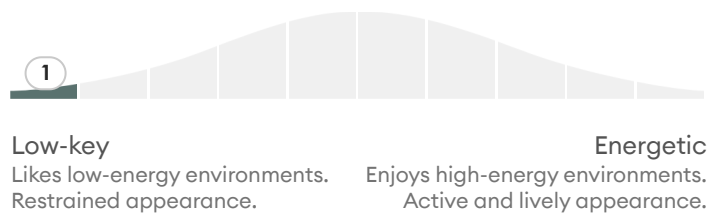
- Has a strong preference for being alone
- Very quiet and socially withdrawn



### Energy Level: **Very Low-key**

2nd percentile and below.

- Low energy level and restrained appearance
- Strong need for quiet settings and calm activities

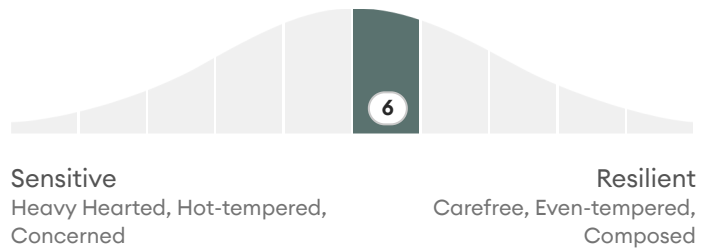


## Emotional Stability

### Neither Sensitive nor Resilient

50th - 69th percentile.

An average score indicates that one experiences emotions about as often and intensely as most others do. People with average scores are seldom regarded as overly sensitive, but are still relatively responsive to negative events. They do experience stress and worry, but can usually handle it and get over setbacks quite well.

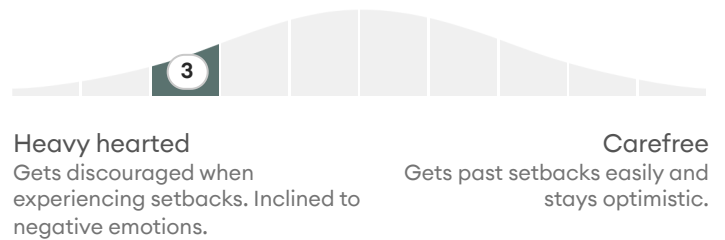


### Three aspects of emotional stability:

#### Optimism: Heavy hearted

7th - 16th percentile.

- Gets discouraged when experiencing setbacks
- Somewhat inclined to negative emotions



#### Stability: Very Even-tempered

93rd - 98th percentile.

- Has a very even temper
- Very rarely gets annoyed or upset



#### Stress tolerance: Neither Concerned nor Composed

31st - 50th percentile.

- May worry at times but mostly stays calm
- May get stressed when important things go wrong

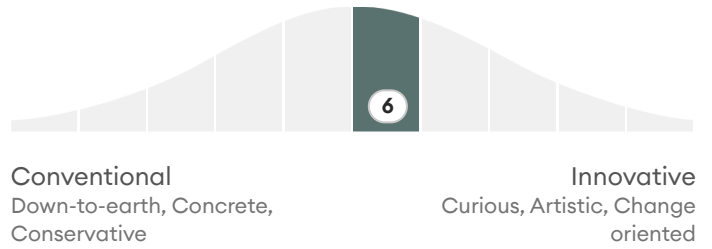


## Openness to Experience

### Neither Conventional nor Innovative

50th - 69th percentile.

An average score indicates that one is neither overly conventional, nor overly change-seeking. People with average scores may enjoy abstract discussions, but also want to reach an outcome that is practically realizable. They also tend to prefer a balance between sticking to established ways and trying something new.

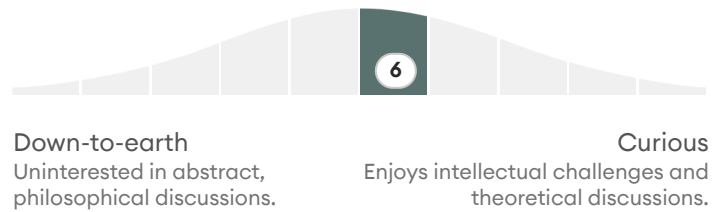


Three aspects of openness to experience:

### Curiosity: Neither Down-to-earth nor Curious

50th - 69th percentile.

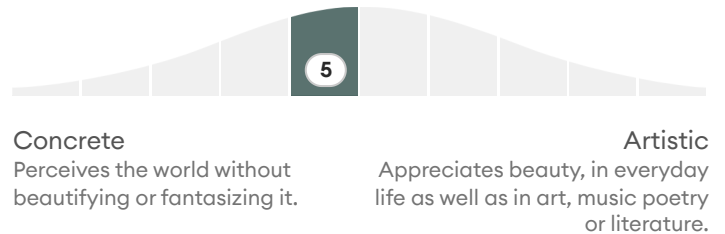
- Has both concrete and intellectual interests
- May at times enjoy a theoretical problem



### Aesthetic orientation: Neither Concrete nor Artistic

31st - 50th percentile.

- Shows some interest in art and beauty
- Has some imagination but does not always use it



### Change orientation: Change oriented

69th - 84th percentile.

- Has a strong need for variation
- Likes to try new things and change settings

